

## **Annual Call for "ERASMUS for Study" mobility grants reserved to Medical School and MEDTEC students of Humanitas University**

### **THE ERASMUS+ PROGRAMME**

Erasmus+ is the EU program to support education, training, youth and sport in Europe.

Studying abroad is a central part of Erasmus+ and has been shown to have a positive effect on later job prospects. It is also a chance to improve language skills, gain self-confidence and independence and immerse yourself in a new culture.

This call refers to the following Erasmus+ grant 2025-1-IT02-KA131-HED-000307545 - HUNIMED, dedicated to transnational student mobility.

#### **1. Object of the call**

A selective procedure is launched for the assignment of ERASMUS+ mobility grants for studies funds for students regularly enrolled in the Medicine and Surgery and MEDTEC Degree Courses.

#### **LONG TERM STUDY MOBILITY**

1. The selected students will **attend their 5<sup>th</sup> year of study** in a partner university with which the University has entered a Bilateral Agreement as part of the Erasmus + program. The mobility **will last 10 months** and will be carried out approximately between **September 2026 and July 1st 2027**. In case Humanitas University will activate other exchange agreements, the ranking list will be valid for any new vacancies.
2. Students participating in the program will carry out the activities and objectives listed in the Learning Agreement for study, which will be defined together with the Erasmus+ Coordinator at HU and the Erasmus Office of the host Institution.
3. Completed exams and associated ECTS/CFU will be recognized upon return from mobility, based on the Transcript of Records provided to the student by the host institution.
4. In addition, students will be able to take optional (elective) courses available at the host University, which will be considered within the extracurricular activities included in the student's curriculum. These activities will be listed in the Learning Agreement and will be recorded, if successfully completed, in the Diploma Supplement.
5. Students are also given the opportunity to carry out part of the "tirocinio pratico-valutativo abilitante ai fini dell'Esame di Stato" (TA) at the host institution (with the exception of the internship at the General Practitioner, which must be carried

out in Italy). This option is subject to the availability of the medical and surgical departments at the host University. In case the student will not be able to carry out the TA during the Erasmus mobility, the student must complete it upon returning to Italy (during the summer or during the 6th year). In this case, the student will be awarded of 5 formative credits (CFU/ECTS) for each internship, upon the completion of the evaluation booklet.

6. It is expected that during mobility for an entire academic year the student will achieve about 60 ECTS/CFU (about 30 ECTS/CFU for mobility for a single semester). The Erasmus student must achieve at least 70% of the credits indicated in the final version of the approved Learning Agreement. The credits achieved during mobility will be automatically recognized in the student's career -unless otherwise stated in the learning agreement- upon receipt of the Transcript of Records provided to the student by the host University.

**Courses and exams available at the host university will be detailed in the learning agreement.**

#### **SHORT TERM STUDY MOBILITY: Blended Intensive Program**

1. Students regularly enrolled in the 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> year of Medicine and Surgery or MEDTEC Degree course could apply to a short-term study mobility. The selected students will **attend a blended intensive program (BIP), which includes a virtual component (on-line course, about a month) and a physical component (face-to-face activity, 1 week)** in a partner university with which the University has entered a Bilateral Agreement as part of the Erasmus + program.
2. The participation to a BIP grants the student at least 3 ECTS/CFU, which will be considered within the extracurricular activities included in the student's curriculum.
3. Students participating in the program will carry out the activities and objectives listed in the Learning Agreement for study, which will be defined together with the Erasmus Offices of the sending and the host Institution. The evaluation will be performed by the host Institution on a short written work prepared by the participants and presented at the face-to-face week.
4. The ECTS/CFU associated with the BIP will be recognized upon return from mobility, based on the Transcript of Records provided to the student by the host institution.
5. Specifically, for the AY 2025-26 students can apply for the International Blended Intensive Program (BIP) in Geriatrics at the University of Porto.

This BIP aims to provide a multidisciplinary approach to the knowledge and skills necessary for good Geriatrics practice, taught by professionals from various areas of health. This course aims to raise awareness of preventing the most frequent diseases in this age group, their screening or early recognition and appropriate treatment.

**Online course:** 3,5 weeks of online seminars (**June-July 2026**, after 17h CET, about 22 hours) and 1,5 weeks of online mentoring.

**Physical component: 1 week** face-to-face in the Faculty of Medicine of the University of Porto, **13-17 July 2026**.

The course is organized for a group of maximum 25 participants selected from various European Universities, including University of Porto, Salamanca University, Semmelweis University, and the University from the EUGLOH Alliance (including Humanitas University). **The official language of the BIP is English.**

## MEDICINE DEGREE

- 1 grant for to carry out mobility for study for the entire academic year at the Universitat Internacional de Catalunya ([www.uic.es](http://www.uic.es) )
- 1 grant to support participation to the International Blended Intensive Program (BIP) in Geriatrics, 4th Edition, University of Porto.

## MEDTEC DEGREE

- 1 grant for to carry out mobility for study for the entire academic year at the Universitat Internacional de Catalunya ([www.uic.es](http://www.uic.es) )
- 1 grant to support participation to the International Blended Intensive Program (BIP) in Geriatrics, 4th Edition, University of Porto

## 2. Eligibility

Humanitas University students who are regularly enrolled in the 4th year of the Medicine Degree Course or MEDTEC are admitted to the selection procedure.

To be eligible for an Erasmus+ mobility grant, the student should comply to the following requirements:

1. student should not have already completed a mobility of more than 12 months under the Erasmus + Program during the current study cycle. Mobility for study and/ or traineeship purposes is included in the calculation of the 12 months.
2. student cannot receive other European Union-funded grants at the same time.

Furthermore, the mobility of the selected students is bound by the following requirements, to be completed by the departure date:

- a) knowledge of the local language (or English for the BIP) of at least B2 level, as required by the Host Institution;
  - b) (*only for grants at UIC*) have completed all the exams of the 4th year (prerequisite to carry out the “tirocinio abilitante”).

Students must check whether the host university requires a Certificates of Good Health, vaccinations and a certified language knowledge (IELTS, TOEFL, DALF, specified levels of language according to European Common European Framework of Reference (CEFR) B1, B2, C1, etc.), if the presentation of Certificates of Good health and vaccinations and the possession of a certified linguistic knowledge

(IELTS, TOEFL, DALF, Levels of knowledge of languages of the European scale B1, B2, C1, etc.).

### **3. Application procedure**

1. Applications must be submitted via the MyPortal reserved area, menu item 'International Mobility' by **29th January 2026 at 12 noon**, under penalty of exclusion.
2. Humanitas University assumes no responsibility for cases of non-delivery or late delivery of applications due to telematic errors, to third parties, unforeseeable circumstances or force majeure.
3. The application should contain the following documentation:
  - a. curriculum vitae, in European format;
  - b. language test result through [www.testpodium.com/](http://www.testpodium.com/) or other language certificate;
  - c. optional documentation: the student may send other documents useful for the evaluation, such as: certificates of previous training or study abroad experiences (including Erasmus experiences), documentation related to disability or fewer opportunities.
4. Humanitas University reserves the right to carry out appropriate checks on the veracity of the content of the declarations made or to request additional documentation.

### **4. Selection Procedure**

1. The selection is based on the academic records and an interview.
2. Applications will be evaluated by a specific Committee as follows:
  - a. The formula to calculate the ranking list is defined by:
  - b.  $0,8 * \text{weighted grade average} + 0,2 * (30 * \text{CFU acquired} / \text{Total number of CFU defined in the study plan})$ ; The formula takes into consideration the CFU acquired by the **October 31<sup>st</sup> 2025**.
3. Interview score; the interview score ranges from 0 to 10 points.
4. Additional score is assigned to students with fewer opportunities in order to support greater inclusion and participation in mobility projects.
5. In case of equal score, priority will be given to the student who has not already performed a mobility abroad.
6. The motivational interview is mandatory and it will take place from **2-12 February 2026**; date and location will be communicated to the candidates, opportunity of organizing online interview upon request.
7. The final results of the selection will be published in the website by **February 15<sup>th</sup> 2026**.
8. The commission is composed by at least two faculty members of the Department of Biomedical Sciences of Humanitas University, including the Erasmus+ Coordinator

## 5. Mobility period

1. For long-term study mobility, the grants covers a mobility for two semesters, between **September 2026 and July 2027**. For short-term study mobility (BIP) the grants cover a mobility of **one week in July 2026**.
2. Students who interrupt their stay without a valid and proven reason will have to return the full amount of the grants.
3. Completed exams and associated ECTS/CFU will be recognized upon return from mobility, based on the Transcript of Records provided to the student by the host institution and the Certificate of Stay (showing the start and end date of the mobility) no later than 4 weeks after the end of the mobility.

## 6. Grants

1. Erasmus grants serve as a contribution to additional mobility costs, such as travel expenses and a higher cost of living in the host country. They are not intended to cover the full cost of studying abroad. The monthly amount of the EU contribution is determined by the National Erasmus Agency, taking into account the cost of living of the destination country.
2. The actual payment of the grants will be subject to the availability of funds from the European Commission
3. The grant amount is calculated based on the actual period spent abroad, from the arrival date to the departure date indicated on the certificate of stay.
4. Humanitas University Grants are provided as a complementary contribution to other mobility grants.

## ERASMUS+

For long-term study mobility the European Union grant depends on the destination country:

1. €400 per month for group 1 countries (high cost of living): Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden, Switzerland, United Kingdom.
2. €350 per month for group 2 and group 3 countries (medium and low cost of living): Greece, Spain, Cyprus, Malta, Portugal, Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Slovakia, Slovenia, Republic of Northern Macedonia, Turkey.

For short-term study mobility the European Union grant depends on the destination country (distance from sending country) and the number of days of mobility. For one-week mobility to Portugal, the expected amount is about 700 euros.

### **Humanitas University grant**

The Humanitas University Grants are provided in addition to other grants to facilitate and support students away from home. The amount is equal to the value defined in the Erasmus+ tables/countries.

### **Students with Fewer Opportunities and Disabilities**

To allow wider participation in the Erasmus+ Program also by students with disabilities or fewer opportunities, an extra amount of 250€ per month can be awarded. Young people with fewer opportunities are defined in the Erasmus+ program guide as those young people who are at a disadvantage compared to their peers because they face one or more of the seven exclusion factors: disability, health problems, educational difficulties, cultural differences, economic obstacles.

## **7. Early termination of the grants**

1. The validity of the Erasmus+ and Humanitas University grants will cease in the event of any of the following occurrences:
  - a) loss of student status;
  - b) voluntary relinquishment of the Erasmus and HU grants due to unforeseen circumstances;
  - c) any cause, duly justified, that makes the student unsuitable for continuing their stay abroad.
2. In the event of early termination of the mobility, the amount of the grants are proportionally reduced to the period spent abroad.

## **8. Mandatory documents and requirements:**

1. **Before departure** the student must complete:
  - a) the Digital Learning Agreement: this will contain information on the host institution, the start and end dates of the mobility period, the activities to be completed at the host institution and the correspondence with activities at the sending institution. The Learning Agreement must be signed by the home institution, the host university and the student. Any substantial changes to the program or to the mobility dates of the mobility must be agreed in writing by the parties
  - b) the Mobility Agreement (Erasmus+ contract) to be signed by the student and the University, indicating the period and location of the mobility, the grant amount and the rights and obligations of the mobility participant.
2. **During the stay** the student must produce
  - a) the Certificate of stay, indicating the start and end dates of the placement, issued by the host institution.
3. **Upon return**, within 15 days of the end of the mobility period, the student must send the following documentation to the Erasmus office

- a) Transcript of Records provided to the student by the host institution, in accordance with what was agreed in the Learning Agreement.
- b) Narrative Report (EU Participant Survey). The invitation to fill in the EU Participant Survey is sent by e-mail by the European Commission.

The deadlines and procedures for completing, handing in and/or signing the aforementioned documents will be communicated to the students later, during the preparation for the mobility. Failure to deliver the documents to the Erasmus office by the deadline of 15 July 2027, and/or failure to complete the EU Survey by the required deadline, will result in the reimbursement of the Erasmus+ grant.

## **9. Personal data protection**

Personal data protection in compliance with the provisions of the General Data Protection Regulation (EU Regulation 2016/679), the personal data provided by candidates will be used exclusively in the context and for the purpose of this selection and will be processed - with or without the use of IT systems - in compliance with current legislation and confidentiality obligations.

**For more information on the call, contact the Erasmus office  
([erasmus@hunimed.eu](mailto:erasmus@hunimed.eu)).**