

# RESEARCH TOPIC CLI13 Inflammatory predictors of progression to end-stage heart failure

#### **Clinical Unit name**

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## **Supervisor**

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#### **Abstract**

Although initially debated, the role of inflammation in the development and progression of heart failure is now clearer. Despite new evidence, it has still not been demonstrated any beneficial effect in the use of immunomodulatory drugs with regard to the progression of the disease itself, particularly in the most advanced stages. The main objective of the proposed project is to immunologically characterize the inflammatory substrate of patients with stage C heart failure and to evaluate predictors of progression to an advanced stage of heart failure (D). This project will use experimental analyses (FACS, mass cytometry, single-cell RNA sequencing) upon inclusion and during patient follow-up, with the aim of identifying subpopulations that may in the future benefit from additional therapies to mitigate the disease itself.

#### Scientific references

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Jan K. Damås, Hans G. Eiken, Erik Øie, et al , Myocardial expression of CC- and CXC-chemokines and their receptors in human end-stage heart failure, Cardiovascular Research, Volume 47, Issue 4, September 2000, Pages 778–787, https://doi.org/10.1016/S0008-6363(00)00142-5

### Type of contract

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2, section 26 and subsequent sections, of Law no. 335 of 8th August 1995 and subsequent modifications.

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